Clean & Unclean Foods

Summary

Were the Bible's dietary laws just ceremonial rules that expired with the Old Covenant — or is there something more literal going on? This article makes the case that "clean" and "unclean" meant exactly what they sound like.

- "Clean" and "unclean" read in the original Hebrew sense as "disease-inhibiting" versus "disease-promoting" foods, not ceremonial categories.
- The claim that nothing has changed to alter which foods fall into each category since the instructions were first given.
- A mid-20th-century cancer researcher's published study on pork cited as modern science independently confirming a Biblical dietary distinction.
- The conclusion that Yahweh's original food instructions remain fully applicable today.

The full article begins on the next page.

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On Biblical topics such as clean and unclean meats, the issue is not what we or any other group may profess to believe, rather it is purely and simply, "what does the Bible say on the matter".

Without getting into an exhaustive review of the many passages that use the same words and or similar contextual phrases as when referring to unclean or clean foods, it is reasonably easy to deduce that the English terms "clean" and "unclean", might more correctly reflect the intent of the original Hebrew language if they were replaced with **disease inhibiting** and **disease promoting.**

For example, it was deemed to be disease inhibiting if certain illnesses were in part, treated by quarantining victims. The same Hebrew terminology may be used to express this, but it would not make as much sense to state in English that quarantining the victims would be a "clean" act, although it did/does serve to "cleanse" the affected population.

When taken in the context that Yahweh has deemed the various foods to be either "disease inhibiting", or "disease promoting", the matter tends to become clearer, than when read as clean or unclean. We find no evidence that anything has happened either naturally, or by Yahweh's intervention, that could in any way have caused any changes to the disease inhibiting or disease promoting qualities of the various foods since Yahweh inspired the original words on the matter. Thus it stands that these various foods remain either disease inhibiting, or disease promoting to this day.

This is not entirely difficult to appreciate, inasmuch as we are all generally aware that some foods are considered "healthier" than others. Further, when taken to the scientific extreme, a great deal of research by secular scientists has inadvertently proven the matter. With regard to swine for example, science has finally "proven" the reason it is deemed "unclean", or disease promoting as Yahweh decreed. In writing "*Study of Blood in Cancer", O.C. Gruner,* a world renowned cancer researcher, stated: "**a meal which features pork will produce a microscopic blood picture *[of cancer micro-organisms]* indistinguishable from a cancer patient, though of course, normality appears to reappear after eight or nine hours**".

Seems to be a pretty clear cut reason for staying away from pork. In short, Gruner's study established beyond any doubt that eating a meal containing normal portions of pork causes short term cancer, which if repeated often enough, leads to long term or terminal cancer. Thus it could be expressed that "pork is disease promoting", or "unclean" according to Biblical terminology.

Although similar research has established the presence of carcinogens and or many disease promoting qualities of other "unclean" foods such as shell fish, non-ruminant mammals, unscaled fish etc., modern

science also has many devious ways to present information that supports its "sponsors". "Money"; the driving force behind most of our agricultural and food industry, fairly well dictates what we eat, regardless of whether it is known by the scientific community to be good for us or not.

The quick answer to the issue of clean and unclean foods, is that we believe the Bible says that certain foods are indeed ***disease promoting*** and certain other foods are ***disease inhibiting***, and we believe that these statements were made for the very good reason of providing us with sound advice on maintaining our good health. We also believe that they apply today just as much as when they were originally penned, and we find it interesting that modern science has finally proven the truth regarding some of these Biblical issues surrounding clean and unclean foods.

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